

JEFFREY MINCE

(818) 288 - 4569

jeffrey.mince@gmail.com / www.drummyoga.org / www.jeffreymince.com

Experience

- **Studio Recording & Touring Drummer 1990 – Present**
(San Francisco CA, Los Angeles CA, NYC, International)
- **Private Drumset Teacher, Mentor, & Masterclasses 2009 - Present**
(San Francisco CA, Los Angeles CA, International)
- **Buddhist Psychology & Meditation Teacher 2009 - Present**
(San Francisco CA, Los Angeles CA, Boston MA, Providence, International)
- **Professional Certified Positive Psychology & Mindfulness Coach 2020 - Present**
(San Francisco CA, Los Angeles CA, NYC, International)

Notable Musical Associations:

- Nina Hagen (1999 – 2008) BIEM Mécanique Recordings
- Josie Cotton (2006 - 2008) Scruffy Records
- Ralph's World (2006 - 2008) Walt Disney Records
- Ghattoblaster (2002 - 2006) Elektra Records, Downtown Records
- Blood of Abraham (2005) Atomic Pop Records
- Tyler Hilton (2004) Maverick Records

Notable Associated Producers & Engineers

- Eric Valentine
- Geza X
- Wayne Kramer
- Jacquire King
- Ingo Kraus
- Reinhold Heil
- John Greenham
- Michael Frondelli
- Jim Wirt

Drumming Workshops & Masterclasses 2015 - Ongoing (San Francisco, Los Angeles, international)

- DrumYoga.com creativity and team drumming workshops for schools, businesses, & institutions

Private Drumset Music Educator & Mentor 2015 - Present (San Francisco, Los Angeles)

- Jeffrey Mince Music – Private drum set lessons.

Mechanic Music 2018 - Ongoing (San Francisco, Los Angeles)

- Creator, founder, and producer of Mechanic Music and all related creative endeavors.

Private Drumset Music Educator & Mentor 2015 - Present (San Francisco, Los Angeles)

- Jeffrey Mince Music - Privately Managed Commercial Teaching Studio

Ordained Buddhist Monk & Resident Teacher 2009 – 2014 (Boston MA, Providence RI, New Bedford MA)

- Resident Teacher at Serlingpa Meditation Center (New Bedford MA), Atisha Kadampa Meditation Center (Providence, RI), Serlingpa Boston Meditation Center (Boston, MA)

Nina Hagen Band Drumset Player & Sound Designer 1999 – 2008

- (Los Angeles CA, Berlin Germany, International)
 - Toured internationally playing festivals, clubs, stadiums, and TV shows
 - Sound design for live performances
 - Studio drums and sound design for the 2000 album "Return Of The Mother"

continued

Education

- **Accredited Int'l Coaching Federation PCC Positive Psychology Coach**
 - Applied Positive Psychology – Professional Certified Coach
- **Vipassana Buddhist Meditation - 1999 - Ongoing**
 - To date, have completed eleven ten-day silent meditation immersive retreats
- **Int'l Kadampa Buddhist Union - Teacher Training (Ulverston UK) 2011 - 2014**
 - Buddhist Teacher Training
- **NKT Int'l Buddhist Temple - Teacher Training Program (Glen Spey NY) 2010**
 - Buddhist Teacher Training
- **Khandakapala NKT - Teacher Training Program (Los Angeles CA) 2004 - 2009**
 - Buddhist Teacher Training
- **University of Colorado Denver 1989 - 1990**
 - Music Performance
- **University of Northern Colorado 1986 – 1989**
 - Music Education and Performance